



Science and management

# Living shorelines

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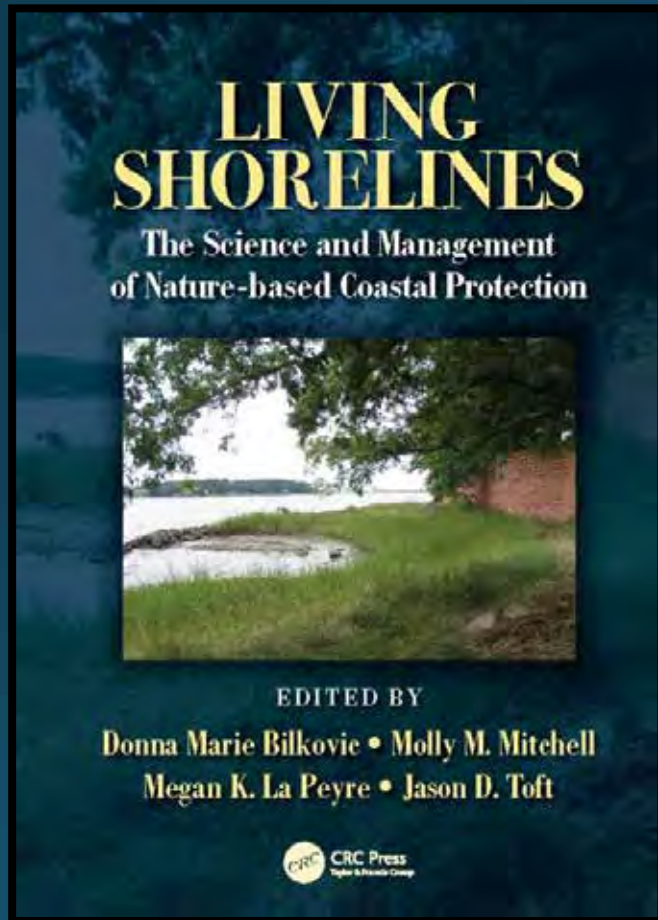
Christine Tomblason

June 14, 2018

Wetland Workshop: Shoreline Best Practice Case Studies

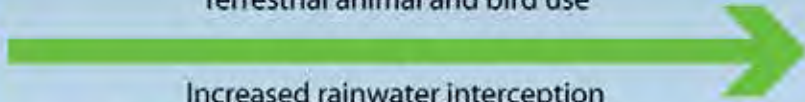


# A synthesis of major points:

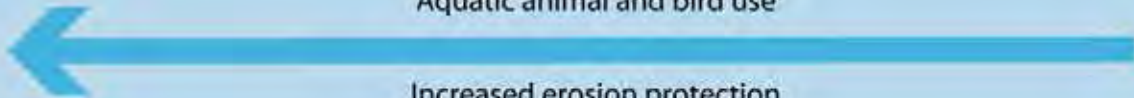


- What makes it “living”?
- How do living components enhance shoreline protection?
- What are co-benefits?
  - Habitat & water quality
- What makes it resilient?

Terrestrial animal and bird use



Increased rainwater interception  
Reduced nutrient content of groundwater  
Reduced sediment runoff

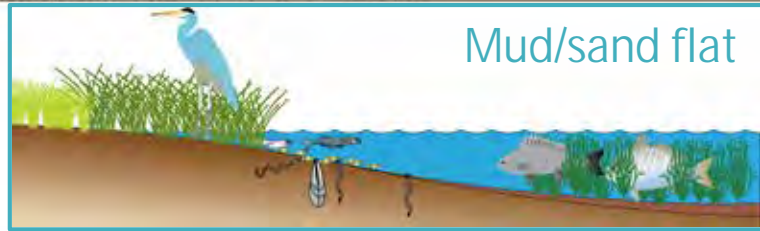


Aquatic animal and bird use

Increased erosion protection  
Decreased wave energy



Symbols courtesy of the Integration and Application Network ([ian.umces.edu/symbols/](http://ian.umces.edu/symbols/)), University of Maryland Center for Environmental Science.



# Benthic invertebrates – who cares?

## Ecosystem Service providers

**Suspension/filter feeders:** feed on algae & detrital particles suspended in the water  
-Filter water, improve clarity



*Tagelus plebeius*  
Stout Razor Clam



Oysters-sill



Ribbed Mussels –  
marsh



**Interface feeders:**  
can switch

*Tellina agilis*  
Tellin Clam



*Macoma balthica*  
Baltic Macoma Clam



*Corophium lacustre*  
tube-builder amphipod  
*Favored fish food*



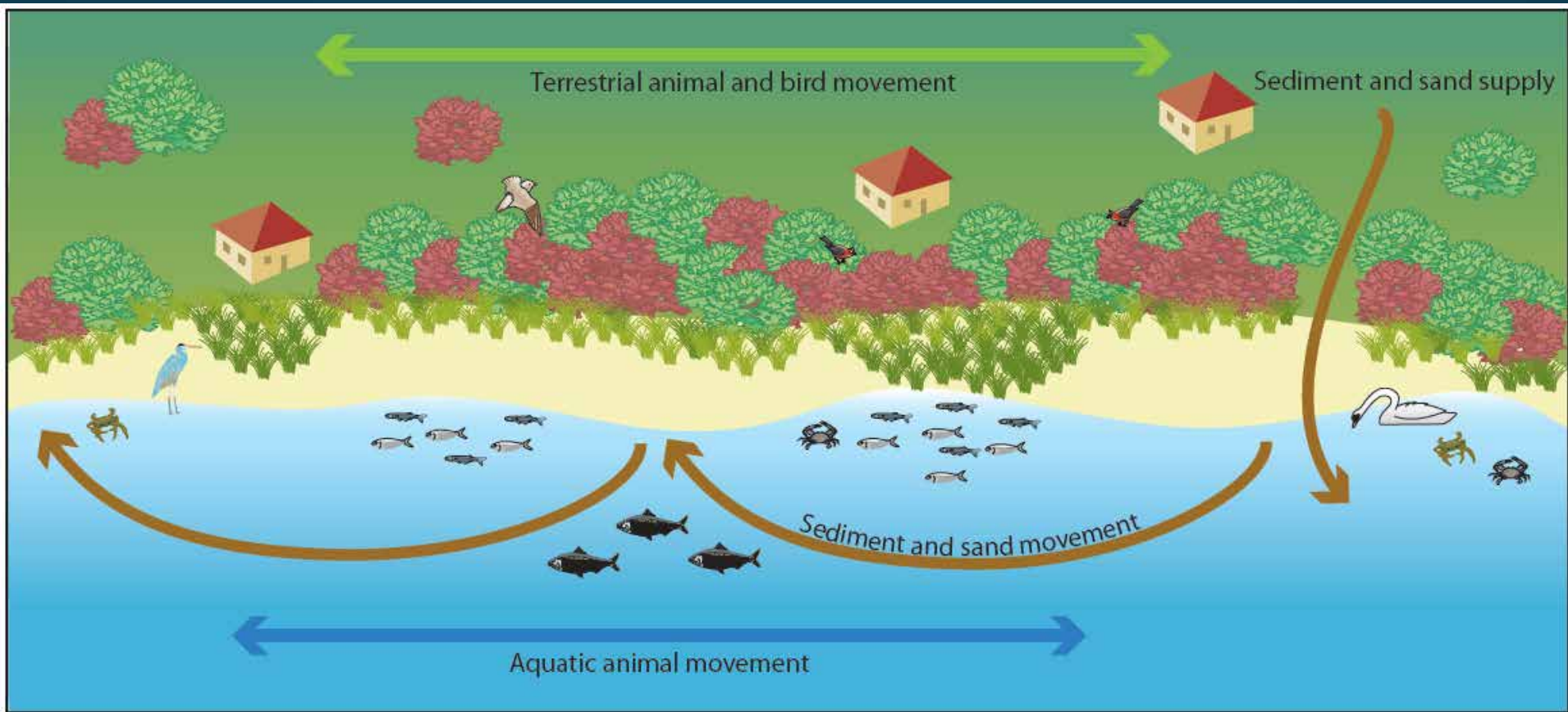
**Infaunal Deposit feeders :** ingest sediment & digest associated bacteria, microalgae & organic matter  
-Mixing of sediment – increase oxygenation & nutrient cycling



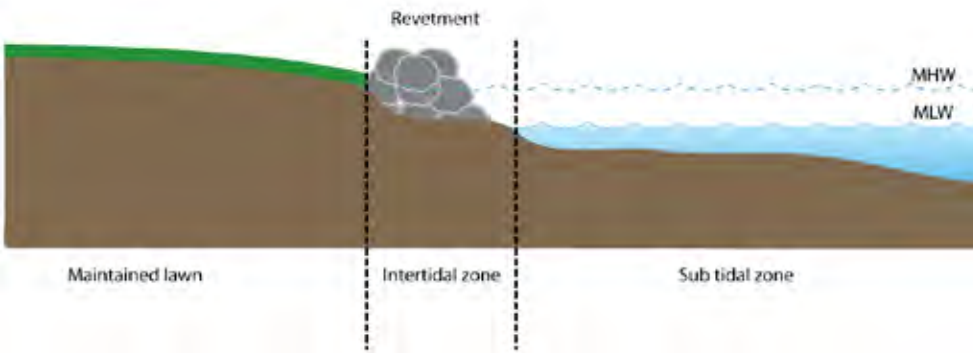
*Clymenella torquata*  
bamboo worm



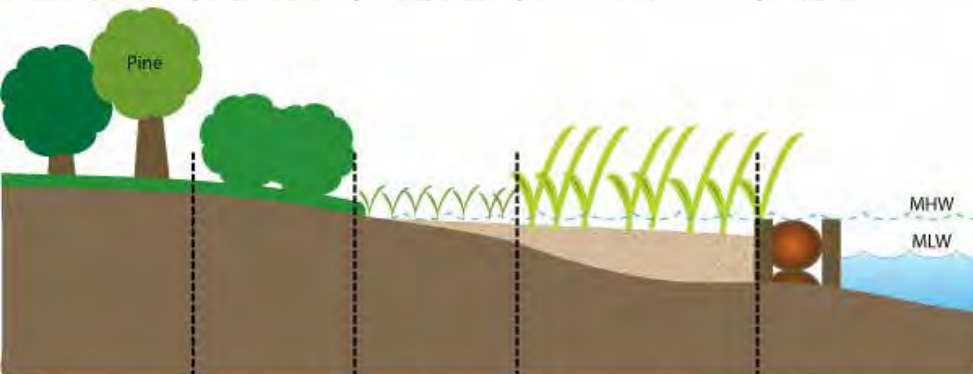
*Heteromastus filiformis*  
worm



Existing



Enhanced



Upland shrubs:  
native evergreen  
& fruit bearing

Salt bushes  
& switch grass

High marsh  
6:1 or flatter

Low marsh  
10:1 or flatter

Staked 18-inch  
fiber logs

+ 10-15 feet from  
existing marsh edge



Connectivity improved

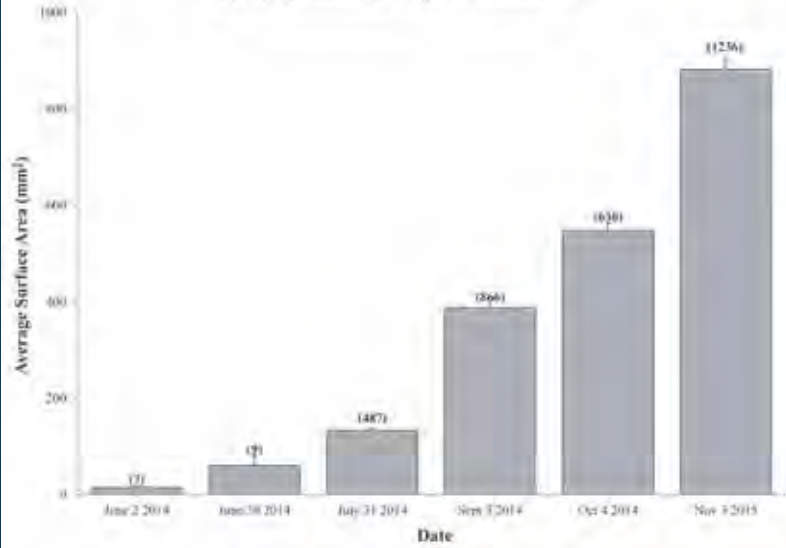
Natural habitat maximized

Artificial habitat minimized

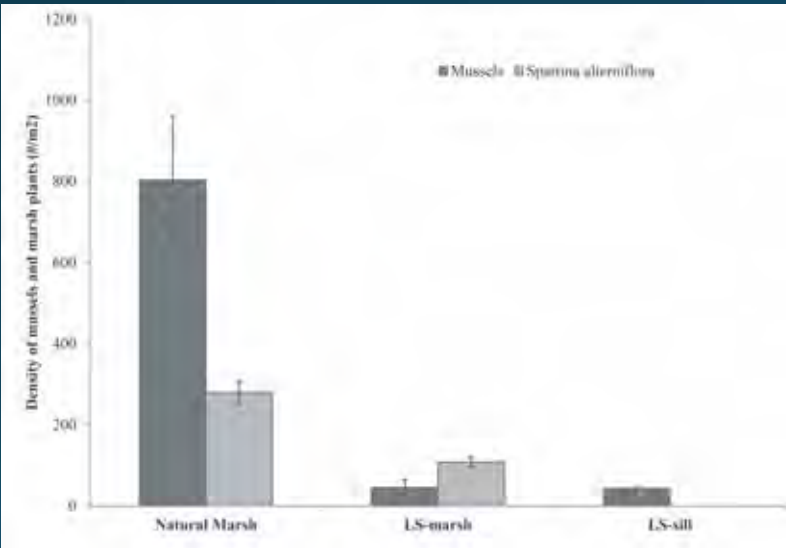
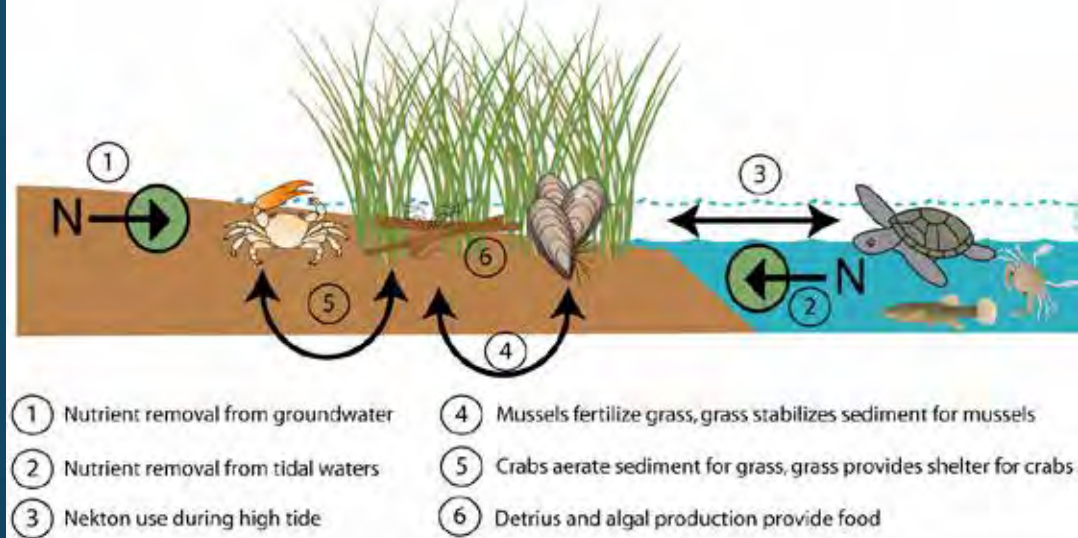
1. Preserve the integrity and connectivity of shoreline processes
2. Maintain and enhance shoreline habitat diversity and function
3. Minimize and reduce pollutants to the shoreline environment
4. Reduce and reverse cumulative impacts to shoreline systems

Emmett et al. 2017. Using voluntary ratings and certification programs to guide sustainable shoreline development

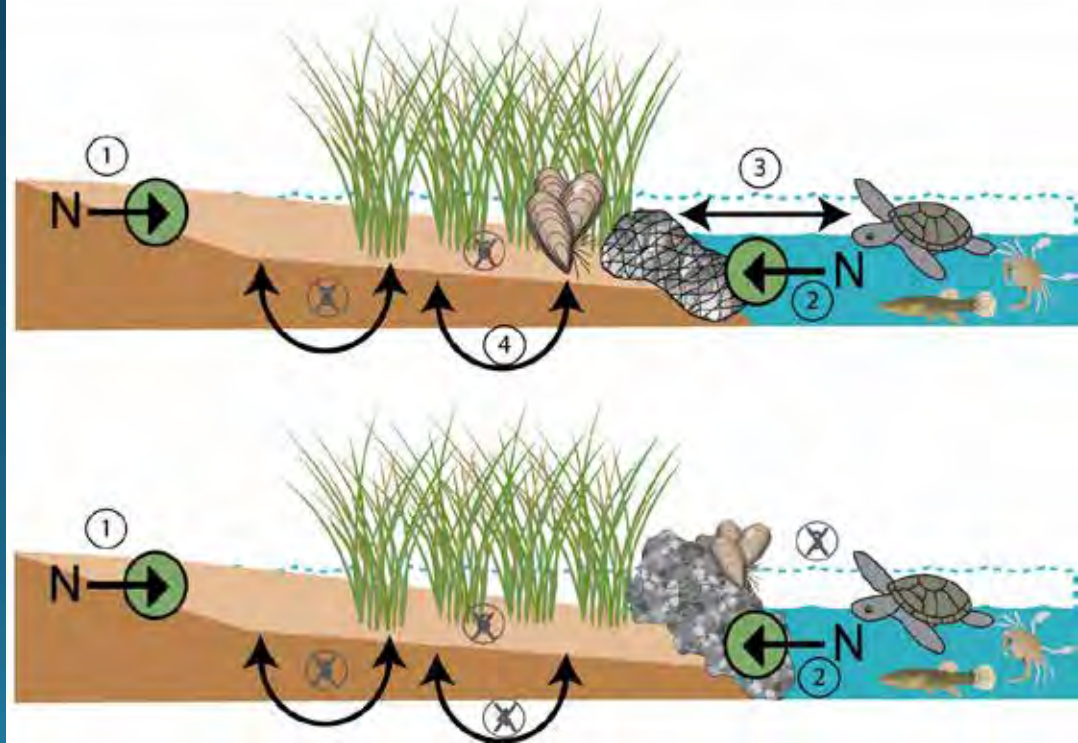
### Oyster *Crassostrea virginica* settlement



### Tidal marsh functions

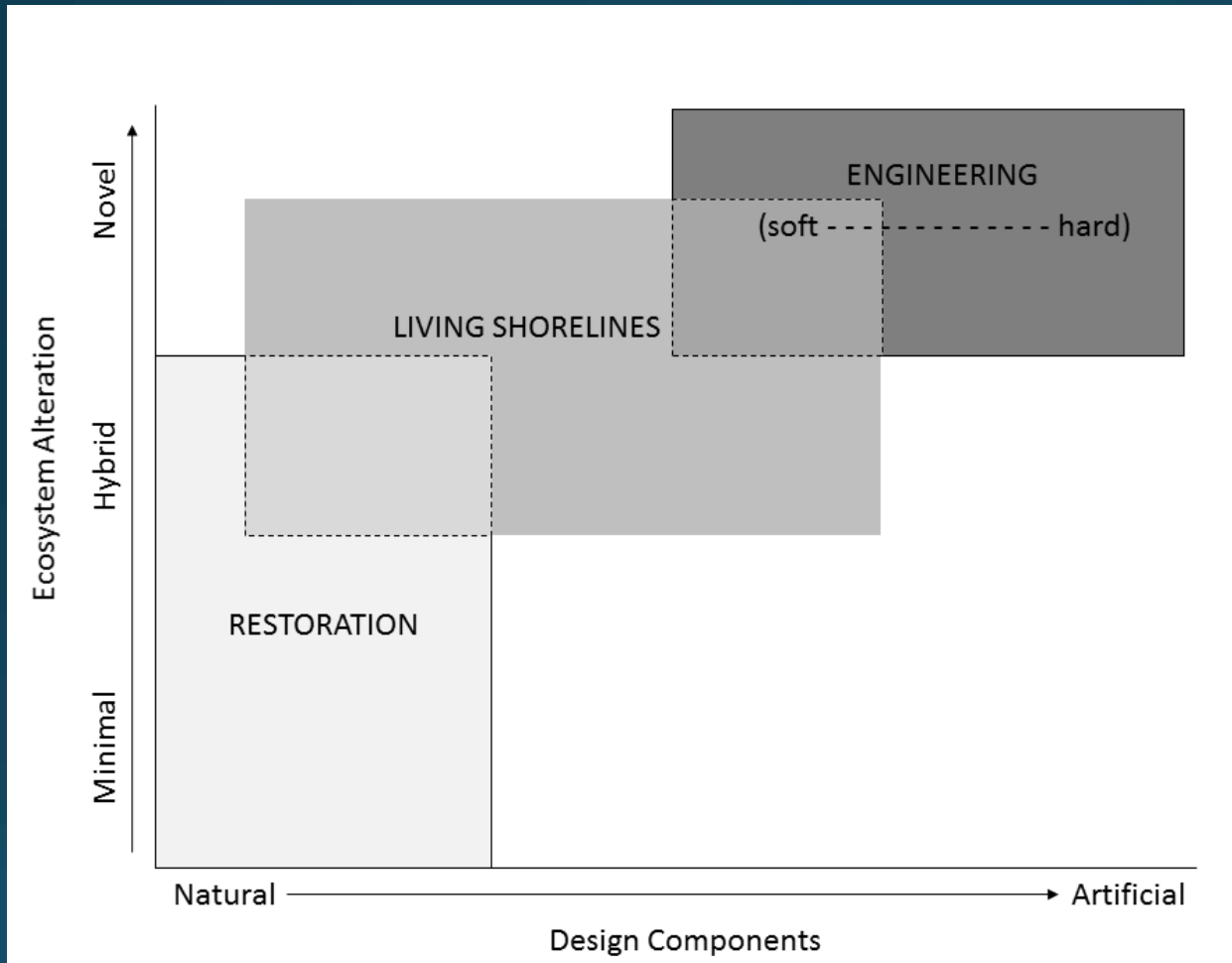


### Living Shoreline Functions



Bilkovic & Mitchell 2017. Designing living shoreline salt marsh ecosystems to promote coastal resilience.

# Living shoreline continuum

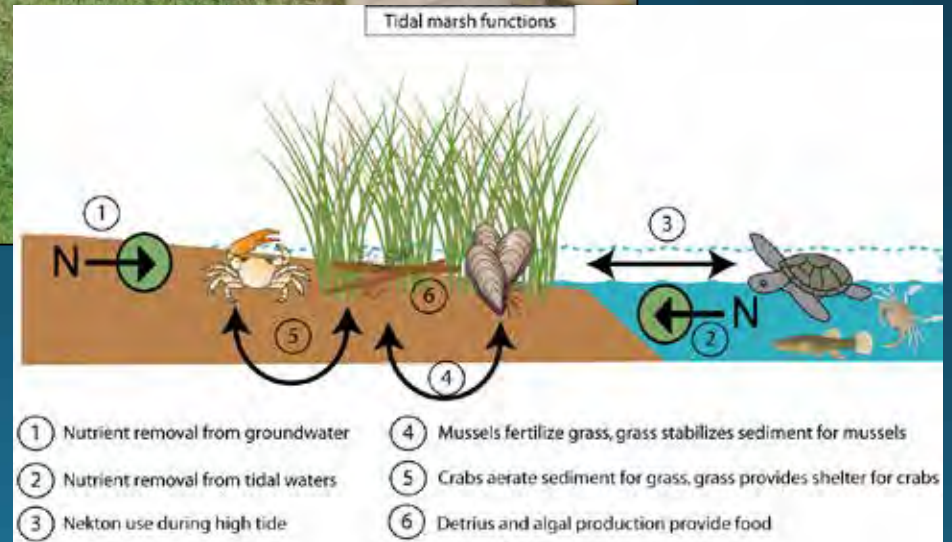




# Preserve the integrity and connectivity of shoreline processes?



Photo from VMRC 14-1793



# Co-benefits of living shorelines



## LIVING SHORELINES SUPPORT RESILIENT COMMUNITIES

Living shorelines use plants or other natural elements—sometimes in combination with harder shoreline structures—to stabilize estuarine coasts, bays, and tributaries.



**One square mile** of salt marsh stores the carbon equivalent of **76,000 gal of gas** annually.



Marshes trap sediments from tidal waters, allowing them to **grow in elevation** as sea level rises.



Living shorelines improve **water quality**, provide fisheries **habitat**, increase **biodiversity**, and promote **recreation**.



Marshes and oyster reefs act as natural **barriers** to waves. **15 ft** of marsh can **absorb 50%** of incoming wave energy.



Living shorelines are **more resilient** against storms than bulkheads.



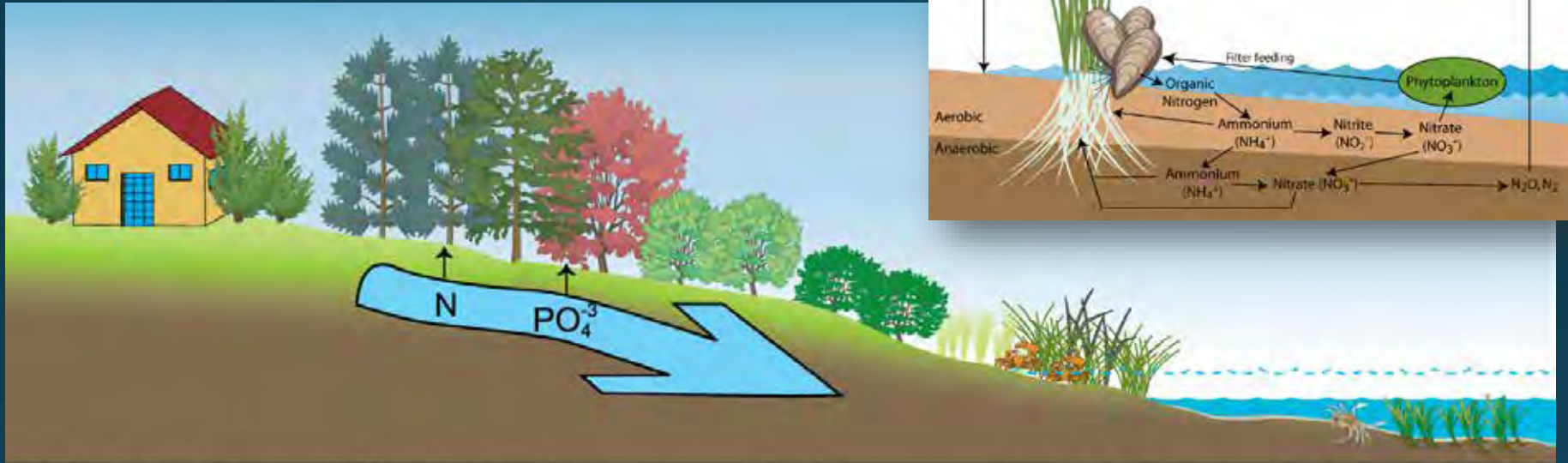
**33%** of shorelines in the U.S. will be **hardened** by **2100**, decreasing fisheries habitat and biodiversity.



Hard shoreline structures like **bulkheads** prevent natural marsh migration and may create seaward **erosion**.



# Vegetation → water quality



Upland Landuse	Riparian Landuse	Banks	Intertidal Zone	Subaqueous Lands
Trees, shrubs, tall grass	Trees, shrubs, tall grass	Vegetated, Stable	Marshes, Phragmites	Seagrass (SAV)
		Partial vegetation	Coastal Sand Dunes	Oyster Reefs
Agriculture	Residential, Agriculture	Undercut	Riprap, Bulkheads	Aquaculture
Residential, Commercial	Industrial	Bare, Unstable	Boat ramps	Marinas

Symbols courtesy of the Integration and Application Network ([ian.umces.edu/symbols/](http://ian.umces.edu/symbols/)), University of Maryland Center for Environmental Science.



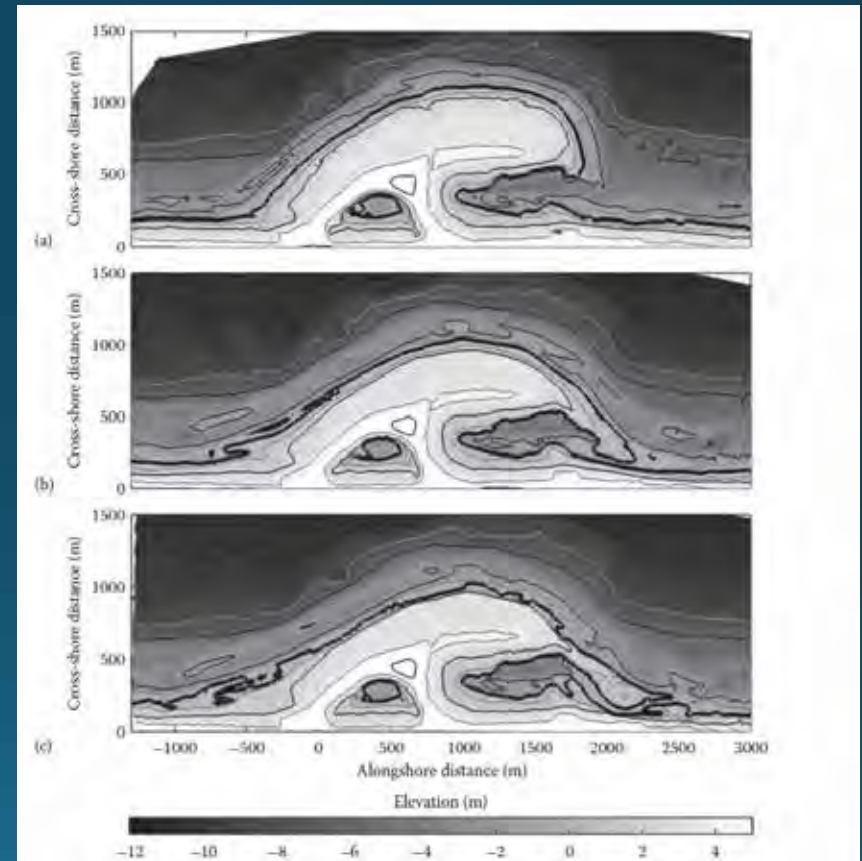
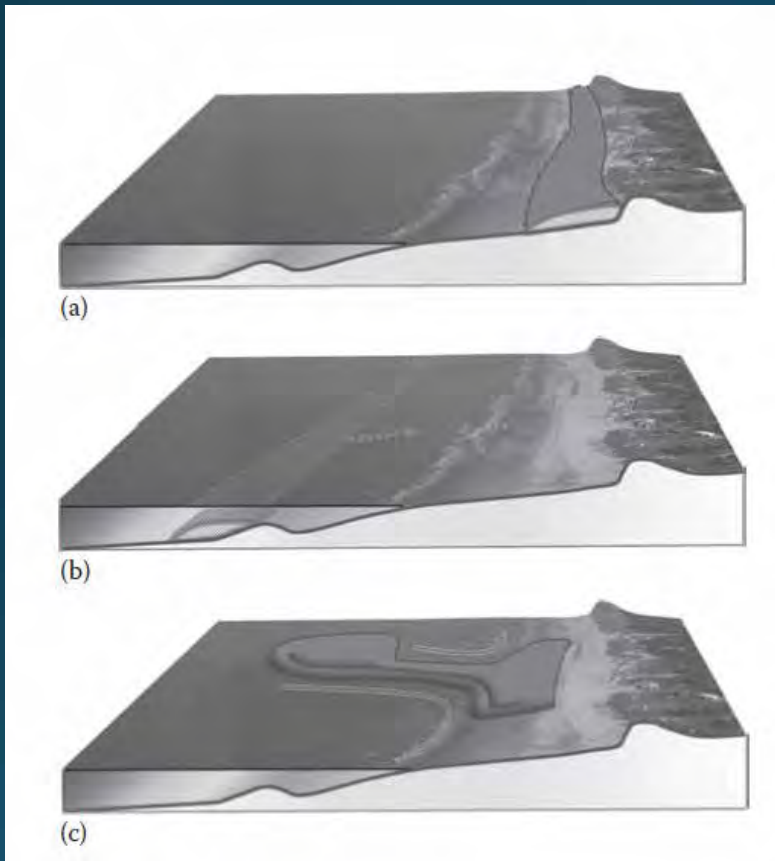
# Cross shore Connectivity = min necessary structure

Parameter	Score	Criteria Values		
		1	2	3
Storm surge		2'	2' - 4'	>4'
Fetch		< 0.5 mi	0.5 - 1 mi	1 - 5 mi
Bank height		<3'	3' - 6'	>6'
Bank condition		Stable	Transitional	Eroding
Nearshore depths		<1'	1' - 2'	>3'
Sediment type		Mud	Mud/sand	Sand
Tide range		1' - 2'	2' - 4'	>4'
Erosion rate		1'	2'	>3'
Shoreline orientation		South	East or west	North
Shoreline configuration		Cove	Linear	Point
Infrastructure proximity		>100'	50' - 100'	<50'
Width of waterway		>300'	300' - 100'	<100'
Buffer condition		Lawn	natural grasses	Forest
Total Score	13 - 18	Low energy, trim trees and plant marsh		
	19 - 32	Medium energy, sill system		
	33 - 39	High energy, breakwater system		

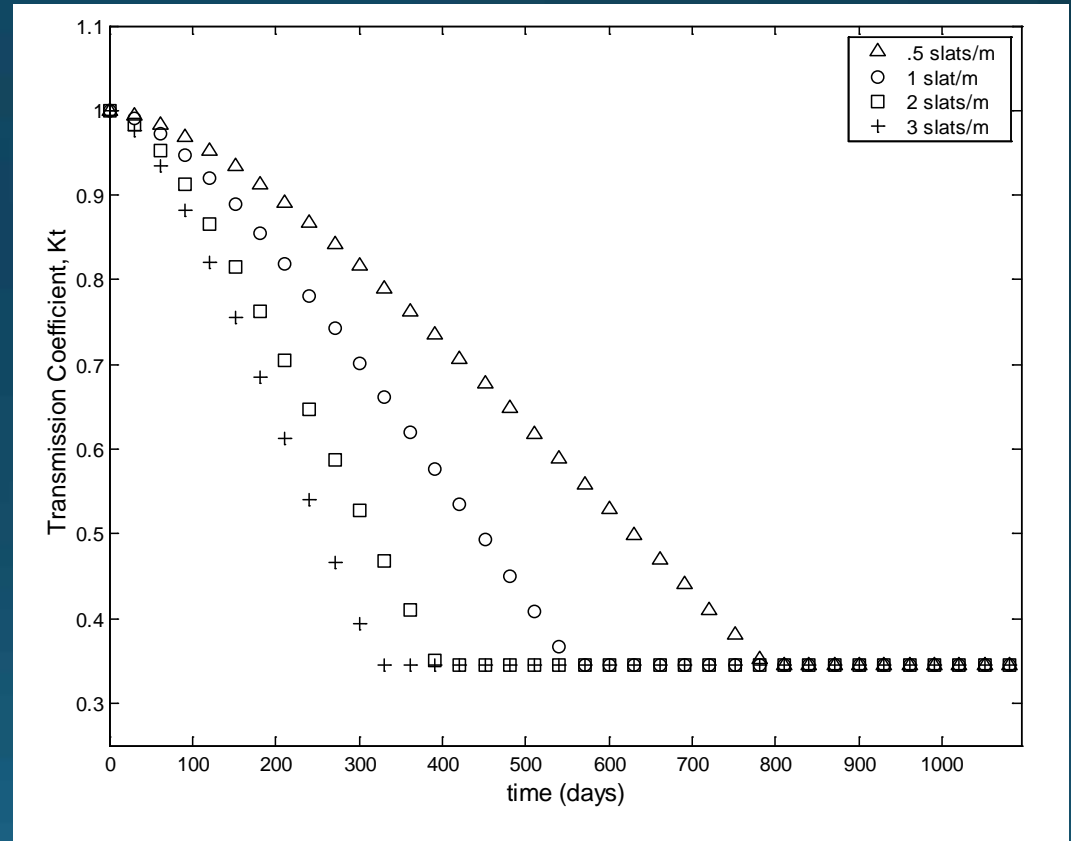
These criteria are used in the shoreline management model



# Shorescape connectivity: use dynamic components for sustainable protection



# Leveraging dynamic biotic components for increased protection



Dense installation achieves excellent wave reduction in ~ 1 year; less dense structures achieve excellent wave reduction in ~ 3 year of good growth, with far less use of materials and construction costs

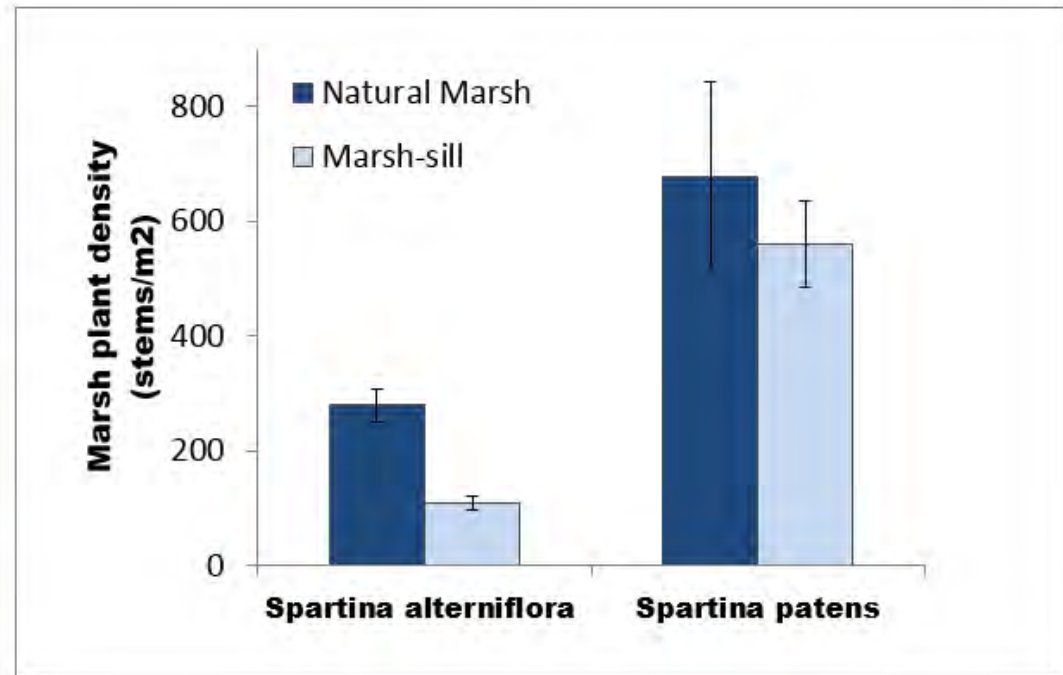
# Living shoreline resiliency



Living shorelines must be able to migrate or accrete with sea level rise!

# Accretion potential in living shoreline design

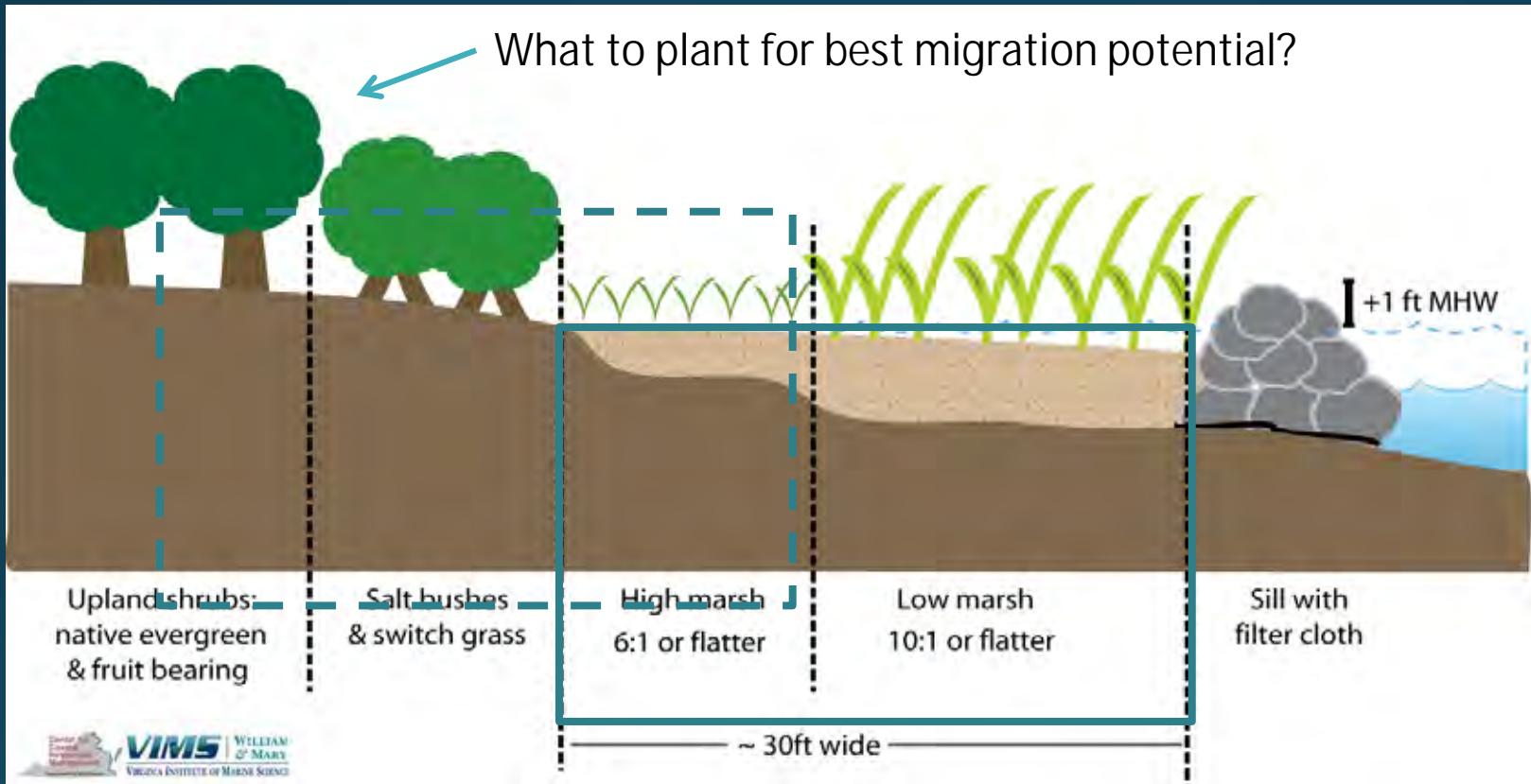
*Marsh plant stem density, stem height, and aboveground biomass influence the marsh's ability to trap sediments and attenuate wave energy*



- ❖ Marsh-sill low marsh stem counts lower than natural fringing marshes; high marsh similar
- ❖ No evident trajectory across age of marsh sampled (1-11 yrs)
- ❖ Organic matter very low in marsh-sills (<2%)



# Migration potential in living shoreline design

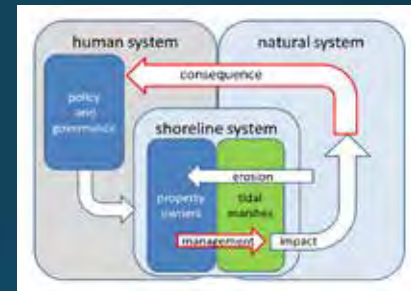


- ✓ Focus planting in the upper elevations of the tidal range
- ✓ Preserve riparian land where elevations are suitable for marsh migration

# Living shoreline related projects

## NSF Coastal SEES

- Investigates the linkages between human and natural components of Chesapeake Bay shorescapes
- Research on ecology of living shorelines, human decision making, model changes under sea level rise
  - Talk to Donna Bilkovic ([donnab@vims.edu](mailto:donnab@vims.edu)) or Molly Mitchell ([molly@vims.edu](mailto:molly@vims.edu))

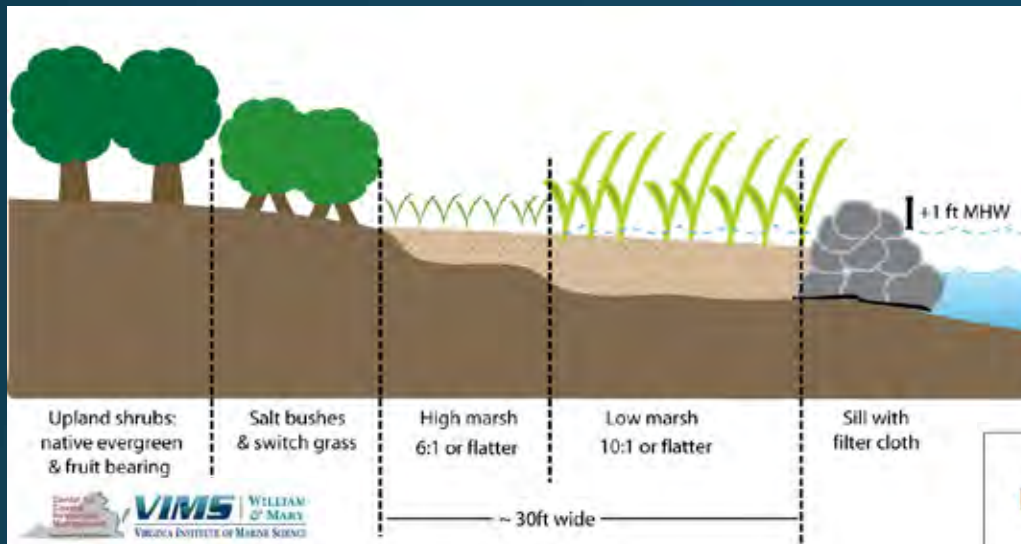


## NOAA Coastal Resilience

- Focused on increasing the use of natural and nature-based features (NNBFs) to increase resilience of coastal communities to flooding caused by extreme weather events
- Develop siting and design guidance for NNBFs, explore crediting and co-benefits, help localities leverage NNBFs for resilience
  - Talk to Pam Mason ([mason@vims.edu](mailto:mason@vims.edu))

# Accretion potential in living shoreline design

*Sill design influences the marsh's ability to trap sediments and attenuate wave energy*



Results from Surface Elevation Tables placed at the lower and upper edges of *Spartina alterniflora* in marshes behind stone sills (Sill) and nearby natural fringing marshes (Natural)

Marsh type	Marsh edge location	Net sediment accretion (mm y <sup>-1</sup> )	n
Natural	Lower	-6.92 A	4
Sill	Lower	5.36 B	4
Natural	Upper	1.18 A	4
Sill	Upper	4.73 B	4

- ✓ The height should be ~MHW in low energy settings to allow regular wave overtopping and access for marine organisms
- ✓ The height can be raised ~1 ft above MHW in moderate energy settings